



### **Peak District Accessible Breaks**

Freedom. Relaxation. Support.



## The freedom and support to completely relax.

# Purpose built modern and accessible single storey accommodation for people with additional needs or disabilities.

Meadow Lodge is set within 25 acres of parkland on-site at Lea Green Centre, in close proximity to Matlock and Matlock Bath. The site is ideal as an option for a central/Midlands venue with good rail links and road links with the M1 being just under 10 miles away.

#### Don't just take our word for it!

"Time at Meadow Lodge provided the chance for young people to improve in confidence, communication, skills, independence, team work and gave them an experience to remember away from home" Rotherham United Community

Sports Trust and Newman School.

- ✓ Six twin bedrooms, each with an electric profiling bed
- ✓ Three large bathrooms with rise and fall sinks, various accessible showers and a Jacuzzi bath
- Ceiling tracked hoists in all bedrooms and bathrooms, the lounge and sensory room
- ✓ Hearing loops
- ✓ Sensory room
- ✓ A large, well-equipped kitchen and dining room
- ✓ Fully catered options available
- ✓ Comfortable lounge with entertainment systems
- ✓ Free wi-fi
- ✓ Laundry facilities
- ✓ Accessible outdoor and indoor activities on site - from high ropes and wheelchair abseiling to archery and accessible buggies



### Your Stay at Meadow Lodge

Meadow Lodge has been designed to accommodate anyone with additional needs, their families, carers and friends.

#### **Families**

Meadow Lodge provides ideal group accommodation for a holiday or short break. Located on the edge of the Peak District near Matlock, there is plenty to see and do in the surrounding area. We've had families stay with us to celebrate Christmas and New Year so they could all be together in shared self-catering accommodation and have even arranged a hot tub on the decking for a birthday party!

#### Schools, academies and groups

Youth and community groups, special schools, or mainstream schools with pupils who have additional needs find Meadow Lodge accommodation to be a spacious home away from home. As well as inclusive outdoor activities to get involved in, sessions in the on-site soft play facility run throughout the year for groups with additional needs.

#### **Individuals**

We support a variety of individuals to have a relaxed break in the quiet location of the Lodge, some visit us on a regular basis and join us with carers to benefit from the adapted accommodation.

#### **Booking a stay**

Meadow Lodge can be booked from a 24 hour stay to a 5 day break on a fully-catered or self-catered basis, with discounted prices for Derbyshire residents (activities can be added at an additional cost.) Please call our team on 01629 534561 to check availability.

#### Accessible and Inclusive outdoor activities

To maximise your stay at Meadow Lodge, take on some outdoor activities with our experienced instructors. On-site activities include: wheelchair abseiling, adaptable buggies and Skyline, our accessible high ropes course with zip wire. Off-site activities include canoeing and exploring the local area.

#### **Events at Lea Green Centre**

Look out for Activ-ability courses (accessible outdoor activities) that run for both children (and young adults) and for adults, you can join in for just a day or for a residential experience. The Centre also hosts a variety of events providing the opportunity for visitors to enjoy live music, outdoor activities and great food - we were even awarded 'Accessible event of the year' by Accessible Derbyshire!

Meadow Lodge at Lea Green, Main Road, Lea nr Matlock, DE4 5GJ

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