

Kit list

(tick when packed)

All items must be clearly marked with your name!

Hello!

We are really looking forward to your visit to Lea Green. Whether you are climbing over the challenge course, practising your bow skills, putting on a harness and helmet for the ropes courses or exploring the grounds around the house you are guaranteed to find out that learning can be fun!

Aims:

- To be able to identify risks and keep yourself safe
- To continue to eat healthily
- To respect other people and the environment
- To be self-reliant and behave responsibly

Your stay at Lea Green will give you a chance to experience activities that you rarely get the opportunity to in life. To get the most out of the activities you need to put a lot into them. Bring your sense of adventure with you!

Waterproof coat *	
Warm coat / jacket for activities	
Sun hat / sun lotion / water bottle	
Wellingtons * / walking boots	
Very, very old outdoor shoes!	
Old clothes that will get muddy	
PE kit and trainers	
Bin liners for dirty clothes / shoes	
Day-sack	
Torch (optional)	
Wash kit and towel	
Underwear and socks	
T-shirts	
Trousers / tracksuit bottoms	
Jumpers	
Indoor shoes (trainers / plimsolls)	
Slippers (optional)	
Pyjamas / night clothes	
Casual clothes for the evening	
A small amount of pocket money	
Teddy bear (optional!)	

* Lea Green has a limited supply of these items that you may borrow.

We do not encourage visitors to bring electrical equipment, mobile phones or any other valuable items.