



**Lea Green**

Develop. Motivate. Empower.

## **Day Course at Lea Green**

**Date**

Arrival 10.00am

**Archery**

12.00pm Hot Lunch

**Cave – Bouldering (inside)**

**Buggies or Bushcraft (outside)**  
(weather dependent)

**Orienteering**  
(outside)

Drink and Depart 3.00pm

**Course Leader – .....**

**Please bring:**

Old, clothes for outdoor activities that can get muddy

Spare clothes

Waterproof coat

Hat and gloves (if it's cold)

Sun cream, sunhat (if it's hot)

Outdoor shoes – old trainers / boots

Indoor trainers / plimsolls

Lots of enthusiasm!

A huge smile!