

GENERAL HEALTH & SAFETY RISK ASSESSMENT FOR:

HILL/MOUNTAIN WALKING

PART 1 : ADMINISTRATIVE DETAILS

<b>Section/Establishment Name: Lea Green Centre</b>			
Date of	2021	Date of	
Assessment carried out by	DH	Signature	

Reviews				
Review Date	Reviewed by	Date	Changes	
			Y	N
	DH	Jan 21		
Jan 22	IW	Jan 22	Y	
Nov 22	IW/GN/PV	3/11/22	Y	
Nov 23	IW/GN/DH/PV	14/11/23		N

Affected     
 Young      
 Staff      
 Visitors      
 Contractor      
 Others (specify)

Name of Manager confirming and agreeing Assessment:	DH
Signature:	

The following sections should be completed by all staff who need to be made aware of and abide by the findings of the Risk Assessment. NB: If, as a result of a review, changes are made to the Risk Assessment the relevant box on the attached page should be completed as appropriate by the staff concerned.

**RISK ASSESSMENT**

What are the hazards?	Generic Control Measures implemented	✓ X	Person to implement	Additional Control measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
<p><b>Safety and Competency.</b></p> <p><b>Emergency Procedures</b></p> <p><b>Unprepared group members</b></p> <p><b>Weather</b> Extremes of temperature, precipitation, and wind in a mountainous and remote environment</p>	<p>Instructors must hold a Mountain Training National Governing Body Award They must be aware and comply with the centre operating procedures.</p> <p>Route plan completed/verbally agreed with duty manager. Escape routes planned Return time recorded and call out procedure instigated Knowledge of medical, behavioural and any fitness related issues of students &amp; staff Instructor to hold valid First Aid Qualification Fully charged Mobile phone / whistle Students &amp; Visiting Staff safety briefed</p> <p>Ensure participants have suitable &amp; adequate clothing</p> <p>Instructor to check weather forecast prior to activity &amp; observe conditions throughout. If necessary, change plans, amend route &amp; Move to safety. Ensure participants have suitable &amp; adequate clothing</p>	<p>✓</p>	<p>Person to implement</p>	<p>Minimum for moorland areas Hill &amp; Moorland Leader Regular refreshers and monitoring All near misses and or accidents are recorded and reported. Safety Culture of openness and sharing is fostered.</p> <p>Emergency contacts and procedures carried All near misses and or accidents are recorded, reported, and shared</p> <p>Dynamic Risk Assessment for the beginning, route adapted to suit the needs of the group Individual Equipment check by the instructor, including asking visiting member of staff</p> <p>Individual Equipment check by the instructor, including asking visiting member of staff</p>	<p>Person to implement</p>	<p>Date to be actioned</p>

<p><b>Slips, trips, and falls</b></p> <p><b>Illness</b></p> <p><b>Traffic on roads, bikes, and horses on bridleways.</b></p> <p><b>Inappropriate behaviour.</b></p> <p><b>Safeguarding.</b></p> <p><b>Animals.</b></p>	<p>Suitable spare clothing and necessary survival equipment warm (or cold) drinks Sun protection if required</p> <p>Clear briefings &amp; supervision Participants appropriately equipped with suitable footwear Suitable choice of route &amp; terrain Knowledge of emergency procedures</p> <p>Information about existing medical conditions known by staff. Parental consent &amp; medical forms</p> <ul style="list-style-type: none"> <li>• Group to be briefed to behave appropriately.</li> <li>• At night high visibility vests to be worn as appropriate.</li> <li>• Group briefed on awareness of cars on roads and horses/bikes on bridleways, warning signal to be arranged.</li> <li>• Group management.</li> <li>• Adult supervision of road crossings.</li> </ul> <ul style="list-style-type: none"> <li>• Group briefing and management.</li> <li>• Use of 'Sin Bin' facility or suspension of activity.</li> </ul> <ul style="list-style-type: none"> <li>• Group briefing and management.</li> <li>• Staff vigilance.</li> <li>• 'Regrouping' signal e.g., whistle.</li> </ul> <ul style="list-style-type: none"> <li>• Leaders' awareness of animals in fields and appropriate action to take.</li> </ul>			<p>Check medication that may need to be accessed immediately is carried on the activity e.g. inhaler/Adrenaline auto-injector.</p> <p>Particular care to be taken when cows have young. Avoid field if possible or muster group to walk as</p>		
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<b>Drowning.</b>	<ul style="list-style-type: none"><li>• Leaders' awareness of any water hazards along route.</li><li>• Group briefing prior to setting out.</li></ul>			tight unit.		
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