

GENERAL HEALTH & SAFETY RISK ASSESSMENT FOR: Walking/Nightwalk

PART 1 : ADMINISTRATIVE DETAILS

Section/Establishment Name: Lea Green Centre			
Date of Assessment	7/10/13	Date of Issue	1 January 2014
Assessment carried out by	DS	Signature	

Reviews				
Review Date	Reviewed by	Date	Changes Made	
			Y	N
Nov/Dec 2021	IW,GN,DH,PV	10/11/21		N
Nov 2022	IW/PV/GN	3/11/22		N
Nov 23	IW/GN/DH/PV	14/11/23		N
Nov/Dec 2018	IW	3.1.19	Y	
Nov/Dec 2019	HS	19.11.19	Y	
Nov/Dec 2021	PV	30/6/21	Y	

Affected persons: Young People/Clients Staff Visitors Contractor Others (specify)

Name of Manager confirming and agreeing Assessment:	IP
Signature:	

The following sections should be completed by all staff who need to be made aware of and abide by the findings of the Risk Assessment. NB: If, as a result of a review, changes are made to the Risk Assessment the relevant box on the attached page should be completed as appropriate by the staff concerned.

RISK ASSESSMENT

What are the hazards?	Generic Control Measures implemented	✓ X	Person to implement	Additional Control measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
<p>Falling/slipping.</p> <p>Injury.</p> <p>Traffic on roads, bikes and horses on bridleways.</p>	<ul style="list-style-type: none"> • Leader must be aware of and comply with the centre operating procedures and have read this risk assessment and signed to verify it has been read and understood. • Briefing of group. • Ability of group taken into account, appropriate footwear worn. • Specific hazards e.g stiles to be identified and supervised. • One accompanying member of staff must hold a current first aid certificate. • First aid kit must be carried. • Group size and ratios suitable for conditions and abilities. • Awareness of particular hazards on route and appropriate briefing. • Group to be briefed to behave appropriately. • At night high visibility vests to be worn as appropriate. • Group briefed on awareness of cars on roads and horses/bikes on bridleways, warning signal to be arranged. • Group management. • Adult supervision of road crossings. 	X	Instructor / Leader running the activity.			

<p>Extremes of Temperature, extreme weather.</p>	<ul style="list-style-type: none"> • Weather forecast obtained and previous conditions taken into account. • Activity adapted where appropriate. • Ongoing risk assessment at start and during activity – weather conditions continually monitored. • Equipment/clothing lists sent to groups. • Individuals' kit checked before departure to ensure adequate protective clothing. • Suitable emergency equipment carried 		<p>Shorten walk if appropriate or organise alternative activity.</p>	
<p>Illness.</p>	<ul style="list-style-type: none"> • Information about existing medical conditions known by staff. 		<p>Ensure staff or individuals are carrying appropriate inhaler, adrenalin auto injector etc.</p>	
<p>Inappropriate behaviour.</p>	<ul style="list-style-type: none"> • Group briefing and management. • Use of 'Sin Bin' facility or suspension of activity. 			
<p>Safeguarding.</p>	<ul style="list-style-type: none"> • Group briefing and management. • Staff vigilance. • 'Regrouping' signal e.g.; whistle. 		<p>Identification of waymarkers or suitable features to walk to and wait.</p>	
<p>Animals.</p>	<ul style="list-style-type: none"> • Leaders' awareness of animals in fields and appropriate action to take. 		<p>Particular care to be taken when cows have young. Avoid field if possible or muster group to walk as tight unit.</p>	
<p>Drowning.</p>	<ul style="list-style-type: none"> • Leaders' awareness of any water hazards along route. • Group briefing prior to setting out. 			

<p>Additional potential hazards associated with a person's disability</p>	<ul style="list-style-type: none"> • Additional measures may need to be taken to enable visitors with a disability to access and engage with the activity. 		<p>A discussion with the participant along with visiting staff/carers should be had to decide on the most appropriate way to engage with the walk.</p> <p>Planned routes may need to be more accessible in their nature</p> <p>Additional staff may be required.</p> <p>Additional time may need to be factored in.</p> <p>Handling belts or other methods may be used to assist less ambulant users</p> <p>Less mobile visitors may be more sensitive to environmental conditions and need closer supervision</p>	
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Nightwalk Briefing

With the above hazards in mind the briefing should include/ensure

- Participants are appropriately equipped for the conditions
- First aid kit and centre contact details are carried (01629 534561)
- Reflective vests are worn as appropriate
- Personal medication is carried
- Road safety and crossings
- Appropriate behaviour especially when passing through the village
- Ground conditions and stile crossings
- Regrouping/numbering off
- Farm animals

Name..... Signature..... Date.....