

GENERAL HEALTH & SAFETY RISK ASSESSMENT FOR:

Orienteering and GPS Orienteering

PART 1 : ADMINISTRATIVE DETAILS

Section/Establishment Name: Lea Green Centre

| | | | |
|--------------------|----------|---------------|----------------|
| Date of Assessment | 17/10/13 | Date of Issue | 1 January 2014 |
|--------------------|----------|---------------|----------------|

Assessment carried out by

DS

Signature

Reviews

| Review Date | Reviewed by | Date | Changes Made | |
|--------------|-------------|----------|--------------|---|
| | | | Y | N |
| Nov 2020 | DM | 01/12/20 | | N |
| Nov/Dec 2021 | IW,GN,DH,PV | 10/11/21 | Y | |
| Nov 2022 | IW/PV/GN | 3/11/22 | Y | |
| Nov 2023 | IW,GN,DH,PV | 14/11/23 | | N |
| Nov 2018 | PV | 15/11/18 | Y | |
| Dec 2019 | DM | 03/12/19 | Y | |

Affected persons:

Young People/Clients

Staff

Visitors

Contractor

Others (specify)

Name of Manager confirming and agreeing Assessment:

IP

Signature:

The following sections should be completed by all staff who need to be made aware of and abide by the findings of the Risk Assessment. NB: If, as a result of a review, changes are made to the Risk Assessment the relevant box on the attached page should be completed as appropriate by the staff concerned.

RISK ASSESSMENT

| What are the hazards? | Generic Control Measures implemented | ✓ X | Person to implement | Additional Control measures needed to reduce risk to an acceptable level | Person to implement | Date to be actioned |
|---|---|--------|--------------------------------|--|---------------------|---------------------|
| <p>Falling/slipping.</p> <p>Injury.</p> | <ul style="list-style-type: none"> • Ability of group taken into account, appropriate footwear worn. • Briefing of group Specific hazards e.g.; crags, gullies, stiles, steep banks to be identified and supervised where appropriate. • Boundaries explained • Instructors must hold an appropriate NGB or site specific accreditation. They must be aware of and comply with the centre operating procedures. • Instructor must hold a current first aid certificate. • First aid kit must be carried/accessible. • Group size and ratios suitable for conditions and abilities. • Group briefed on what to do in case of injury. Groups operating on their own to be briefed on emergency procedure and must carry a whistle. If appropriate instructor should have a record of which points they are visiting. • Group to be briefed on hazards such as fences, posts, litter, broken glass, excrement etc. • Instructor to brief group on moving safely through woods, taking care not to allow branches to flick back into the face of following group members. • Group to be briefed to behave appropriately. | ✓ | Instructor leading the session | | | |

Getting Lost (Offsite)

- Groups to have whistles and be briefed on their use
- Minimum of pairs
- Contact number given if appropriate
- Re-grouping signal and return time arranged
- Compass' to be used if appropriate

Traffic on roads, bikes and horses on bridleways.

- Group briefed on awareness of horses and bikes on bridleways.
- Initial briefing on busy nature of site and care to be taken when near roads and car parks.
- Group management.
- Adult supervision of road crossings.

Extremes of temperature, extreme weather.

- Weather forecast obtained and previous conditions taken into account.
- Activity adapted where appropriate.
- Ongoing risk assessment at start and during activity – weather conditions continually monitored.
- Equipment/clothing lists sent to groups.
- Individuals' kit checked before session to ensure adequate protective clothing and equipment.
- Suitable emergency equipment carried.

Illness.

- Information about existing medical conditions known by staff.

Inappropriate behaviour.

- Group briefing and management.
- Use of 'Sin Bin' facility or suspension of activity.

Training provided in compass use.

Individuals to have access to own inhalers, Adrenalin auto injector or appropriate medication.

| | | | | | | |
|---|--|--|--|---|--|--|
| <p>Safeguarding.</p> <p>Animals.</p> <p>Drowning.</p> <p>Additional potential hazards associated with a person's disability</p> | <ul style="list-style-type: none"> • Group briefing and management. • Staff vigilance. • Leaders' awareness of animals and appropriate action to take. • Group to be briefed on appropriate behaviour around farm animals, dogs etc. • Leaders' awareness of any water hazards near orienteering site. • Group briefing prior to activity. • Additional measures may need to be taken to enable visitors with a disability to access the site and engage with the activity. | | | <p>Instructor to be aware of other site users during session.</p> <p>A discussion with visiting staff/carers should be had to decide on the most appropriate way to access the Course. Or whether they use the wheelchair accessible course.</p> <p>Additional staff may be required</p> <p>Additional time may need to be factored into the session.</p> <p>Handling belts may be used to assist less ambulant users</p> <p>Less mobile visitors may be more sensitive to environmental conditions and need closer supervision</p> | | |
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