

DERBYSHIRE COUNTY COUNCIL
MANAGEMENT OF HEALTH & SAFETY AT WORK REGULATIONS
CHILDREN & YOUNGER ADULTS (CAYA)



GENERAL HEALTH & SAFETY RISK ASSESSMENT FOR:

Mega SUP

PART 1 : ADMINISTRATIVE DETAILS

Section/Establishment Name: Lea Green Centre			
Date of Assessment	29/01/25	Date of Issue	29/01/25
Assessment carried out by	Gary Noble	Signature	<i>G Noble</i>

Reviews				
Review Date	Reviewed by	Date	Changes Made	
			Y	N
16/12/25	IW/DH/PV/GN	16/12/25	Y	

Affected persons:	Young People/Clients <input checked="" type="checkbox"/>	Staff <input checked="" type="checkbox"/>	Visitors <input checked="" type="checkbox"/>	Contractor <input type="checkbox"/>	Others (specify) <input type="text"/>
-------------------	--	---	--	-------------------------------------	---------------------------------------

Name of Manager confirming and agreeing Assessment:	Ian Wilson
Signature:	<i>I Wilson</i>

RISK ASSESSMENT

What are the hazards?	Generic Control Measures implemented	✓ X	Person to implement	Additional Control measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
Injury whilst moving SUP	Training of staff – careful control of group if they are moving it			Safe carrying techniques		
Injury pulling people back onto SUP	Keep back straight and use knees – pull person out of water with BA shoulder straps. Rotate as little as possible			Use sling to allow person in water to use legs to aid them getting out of water Using 2 people to get them back on the board is easier and safer		
SUP flips	Brief group on procedure if SUP flips including person underneath Practice plan for all in rescue including righting the board Do not use in strong winds			Ensure rapid head count if SUP flips – take action immediately if person suspected caught underneath Check weather forecast		
Participants separated from SUP	Do not use in strong winds Regular head counts			Consider managing SUP from separate craft		
Head Injuries	All participants to wear helmets			Check correct size and fit of helmet		
Injury from paddle	Use short SUP paddle or canoe paddle			Before and during the MEGA SUP session reinforce that all participants keep their hand on the paddle grip at all times as this can reduce the reach of the paddler. If contact is made with someone's face it is usually the back of the hand rather than a solid paddle grip making contact. Emphasis to participants to take care with their paddle and a that both the blade end as well as		

Falling off SUP in shallow water Injury during games Entanglement	All group to be on knees until in water deep enough to remove chance of injury Ensure SUP is stationary. Consider anchoring SUP No leashes to be used on the mega sup		paddle grip can cause injury to others if not careful. On knees in the vicinity of the jetty at MCC No Games that involve going under SUP	
--	---	--	---	--