

**GENERAL HEALTH & SAFETY RISK ASSESSMENT FOR:**

Walking/Nightwalk

PART 1 : ADMINISTRATIVE DETAILS

Section/Establishment Name: Lea Green Centre

Date of Assessment	7/10/13	Date of Issue	1 January 2014
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Assessment  
carried out by

DS

Signature

**Reviews**

Review Date	Reviewed by	Date	Changes Made	
			Y	N
Nov/Dec 2021	IW,GN,DH,PV	10/11/21		N
Nov 2022	IW/PV/GN	3/11/22		N
Nov 23	IW/GN/DH/PV	14/11/23		N
Feb 25	IW PV GN	10/02/25		N
Nov/Dec 2019	HS	19.11.19	Y	
Nov/Dec 2021	PV	30/6/21	Y	

Affected persons:

Young People/Clients ☒

Staff ☒

Visitors ☒

Contractor ☐

Others (specify)

Name of Manager confirming and agreeing Assessment:

IP

Signature:

The following sections should be completed by all staff who need to be made aware of and abide by the findings of the Risk Assessment. NB: If, as a result of a review, changes are made to the Risk Assessment the relevant box on the attached page should be completed as appropriate by the staff concerned.

## RISK ASSESSMENT

What are the hazards?	Generic Control Measures implemented	✓ X	Person to implement	Additional Control measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
<b>Falling/slipping.</b>	<ul style="list-style-type: none"> <li>• Leader must be aware of and comply with the centre operating procedures and have read this risk assessment and signed to verify it has been read and understood.</li> <li>• Briefing of group.</li> <li>• Ability of group taken into account, appropriate footwear worn.</li> <li>• Specific hazards e.g stiles to be identified and supervised.</li> </ul>		Instructor / Leader running the activity.			
<b>Injury.</b>	<ul style="list-style-type: none"> <li>• One accompanying member of staff must hold a current first aid certificate.</li> <li>• First aid kit must be carried.</li> <li>• Group size and ratios suitable for conditions and abilities.</li> <li>• Awareness of particular hazards on route and appropriate briefing.</li> </ul>					
<b>Traffic on roads, bikes and horses on bridleways.</b>	<ul style="list-style-type: none"> <li>• Group to be briefed to behave appropriately.</li> <li>• At night high visibility vests to be worn as appropriate.</li> <li>• Group briefed on awareness of cars on roads and horses/bikes on bridleways, warning signal to be arranged.</li> <li>• Group management.</li> <li>• Adult supervision of road crossings.</li> </ul>					

<b>Extremes of Temperature, extreme weather.</b>	<ul style="list-style-type: none"> <li>• Weather forecast obtained and previous conditions taken into account.</li> <li>• Activity adapted where appropriate.</li> <li>• Ongoing risk assessment at start and during activity – weather conditions continually monitored.</li> <li>• Equipment/clothing lists sent to groups.</li> <li>• Individuals' kit checked before departure to ensure adequate protective clothing.</li> <li>• Suitable emergency equipment carried</li> </ul>			<p>Shorten walk if appropriate or organise alternative activity.</p>		
<b>Illness.</b>	<ul style="list-style-type: none"> <li>• Information about existing medical conditions known by staff.</li> </ul>			<p>Ensure staff or individuals are carrying appropriate inhaler, adrenalin auto injector etc.</p>		
<b>Inappropriate behaviour.</b>	<ul style="list-style-type: none"> <li>• Group briefing and management.</li> <li>• Use of 'Sin Bin' facility or suspension of activity.</li> </ul>					
<b>Safeguarding.</b>	<ul style="list-style-type: none"> <li>• Group briefing and management.</li> <li>• Staff vigilance.</li> <li>• 'Regrouping' signal e.g.; whistle.</li> </ul>			<p>Identification of waymarkers or suitable features to walk to and wait.</p>		
<b>Animals.</b>	<ul style="list-style-type: none"> <li>• Leaders' awareness of animals in fields and appropriate action to take.</li> </ul>			<p>Particular care to be taken when cows have young. Avoid field if possible or muster group to walk as tight unit.</p>		
<b>Drowning.</b>	<ul style="list-style-type: none"> <li>• Leaders' awareness of any water hazards along route.</li> <li>• Group briefing prior to setting out.</li> </ul>					

<p><b>Additional potential hazards associated with a person's disability</b></p>	<ul style="list-style-type: none"> <li>Additional measures may need to be taken to enable visitors with a disability to access and engage with the activity.</li> </ul>			<p>A discussion with the participant along with visiting staff/carers should be had to decide on the most appropriate way to engage with the walk.</p> <p>Planned routes may need to be more accessible in their nature</p> <p>Additional staff may be required.</p> <p>Additional time may need to be factored in.</p> <p>Handling belts or other methods may be used to assist less ambulant users</p> <p>Less mobile visitors may be more sensitive to environmental conditions and need closer supervision</p>		
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Nightwalk Briefing

- With the above hazards in mind the briefing should include/ensure
- Participants are appropriately equipped for the conditions
  - First aid kit and centre contact details are carried (01629 534561)
  - Reflective vests are worn as appropriate
  - Personal medication is carried
  - Road safety and crossings
  - Appropriate behaviour especially when passing through the village
  - Ground conditions and stile crossings
  - Regrouping/numbering off
  - Farm animals

Name..... Signature..... Date.....