

GENERAL HEALTH & SAFETY RISK ASSESSMENT FOR:

Orienteering and GPS Orienteering

PART 1 : ADMINISTRATIVE DETAILS

Section/Establishment Name: Lea Green Centre

Date of Assessment	17/10/13	Date of Issue	1 January 2014
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Assessment
carried out by

DS

Signature

Reviews

Review Date	Reviewed by	Date	Changes Made	
			Y	N
Nov 2020	DM	01/12/20		N
Nov/Dec 2021	IW,GN,DH,PV	10/11/21	Y	
Nov 2022	IW/PV/GN	3/11/22	Y	
Nov 2023	IW,GN,DH,PV	14/11/23		N
Dec 2024	IW GN	4/12/24		N
16/12/25	DH/IW/PV	16/12/25		N

Affected persons:

Young People/Clients ☒

Staff ☒

Visitors ☒

Contractor ☐

Others (specify)

Name of Manager confirming and agreeing Assessment:

IP

Signature:

The following sections should be completed by all staff who need to be made aware of and abide by the findings of the Risk Assessment. NB: If, as a result of a review, changes are made to the Risk Assessment the relevant box on the attached page should be completed as appropriate by the staff concerned.

RISK ASSESSMENT

What are the hazards?	Generic Control Measures implemented	✓ X	Person to implement	Additional Control measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
Falling/slipping.	<ul style="list-style-type: none"> Ability of group taken into account, appropriate footwear worn. Briefing of group Specific hazards e.g.; crags, gullies, stiles, steep banks to be identified and supervised where appropriate. Boundaries explained 		Instructor leading the session			
Injury.	<ul style="list-style-type: none"> Instructors must hold an appropriate NGB or site specific accreditation. They must be aware of and comply with the centre operating procedures. Instructor must hold a current first aid certificate. First aid kit must be carried/accessibile. Group size and ratios suitable for conditions and abilities. Group briefed on what to do in case of injury. Groups operating on their own to be briefed on emergency procedure and must carry a whistle. If appropriate instructor should have a record of which points they are visiting. Group to be briefed on hazards such as fences, posts, litter, broken glass, excrement etc. Instructor to brief group on moving safely through woods, taking care not to allow branches to flick back into the face of following group members. Group to be briefed to behave appropriately. 					

<p>Getting Lost (Offsite)</p>	<ul style="list-style-type: none"> • Groups to have whistles and be briefed on their use • Minimum of pairs • Contact number given if appropriate • Re-grouping signal and return time arranged • Compass' to be used if appropriate 			<p>Training provided in compass use.</p>		
<p>Traffic on roads, bikes and horses on bridleways.</p>	<ul style="list-style-type: none"> • Group briefed on awareness of horses and bikes on bridleways. • Initial briefing on busy nature of site and care to be taken when near roads and car parks. • Group management. • Adult supervision of road crossings. 					
<p>Extremes of temperature, extreme weather.</p>	<ul style="list-style-type: none"> • Weather forecast obtained and previous conditions taken into account. • Activity adapted where appropriate. • Ongoing risk assessment at start and during activity – weather conditions continually monitored. • Equipment/clothing lists sent to groups. • Individuals' kit checked before session to ensure adequate protective clothing and equipment. • Suitable emergency equipment carried. 					
<p>Illness.</p>	<ul style="list-style-type: none"> • Information about existing medical conditions known by staff. 			<p>Individuals to have access to own inhalers, Adrenalin auto injector or appropriate medication.</p>		
<p>Inappropriate behaviour.</p>	<ul style="list-style-type: none"> • Group briefing and management. • Use of 'Sin Bin' facility or suspension of activity. 					

Safeguarding.	<ul style="list-style-type: none">• Group briefing and management.• Staff vigilance.			Instructor to be aware of other site users during session.		
Animals.	<ul style="list-style-type: none">• Leaders' awareness of animals and appropriate action to take.• Group to be briefed on appropriate behaviour around farm animals, dogs etc.					
Drowning.	<ul style="list-style-type: none">• Leaders' awareness of any water hazards near orienteering site.• Group briefing prior to activity.					
Additional potential hazards associated with a person's disability	<ul style="list-style-type: none">• Additional measures may need to be taken to enable visitors with a disability to access the site and engage with the activity.			<p>A discussion with visiting staff/carers should be had to decide on the most appropriate way to access the Course. Or whether they use the wheelchair accessible course.</p> <p>Additional staff may be required</p> <p>Additional time may need to be factored into the session.</p> <p>Handling belts may be used to assist less ambulant users</p> <p>Less mobile visitors may be more sensitive to environmental conditions and need closer supervision</p>		