

GENERAL HEALTH & SAFETY RISK ASSESSMENT FOR:

Sports Activities

PART 1 : ADMINISTRATIVE DETAILS

<p>Section/Establishment Name: Lea Green Centre</p>			
Date of Assessment	8/10/13	Date of Issue	1 January 2014
Assessment carried out by	DS BT	Signature	

Reviews				
Review Date	Reviewed by	Date	Changes Made	
			Y	N
Nov/Dec 2021	IW,PV,GN,DH	10/11/21		N
Nov 22	IW/GN/PV	4/11/22		N
Nov 2023	IW,GN,DH,PV	14/11/23		N
Dec 24	IW PV GN	12/12/24	Y	
16/12/25	PV/DH/GN/IW	16/12/25	Y	
Dec 20	BT	20/11/20		N

Affected persons:	Young People/Clients <input checked="" type="checkbox"/>	Staff <input checked="" type="checkbox"/>	Visitors <input checked="" type="checkbox"/>	Contractor <input type="checkbox"/>	Others (specify) <input type="text"/>
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Name of Manager confirming and agreeing Assessment:	IP
Signature:	

The following sections should be completed by all staff who need to be made aware of and abide by the findings of the Risk Assessment. NB: If, as a result of a review, changes are made to the Risk Assessment the relevant box on the attached page should be completed as appropriate by the staff concerned.

RISK ASSESSMENT

What are the hazards?	Generic Control Measures implemented	✓ X	Person to implement	Additional Control measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
Slips, trips and falls.	<ul style="list-style-type: none"> • All groups to wear appropriate footwear and clothing. • Groups will receive briefing on specific problems and identified hazards such as nets, posts, slippery surfaces, running inside buildings etc. • Any no-go areas should be identified, and groups briefed to stay within designated area. • All groups to have access to first aid kit, first aider and know where to report to in case of a problem. 		Instructor leading the session			
Extreme weather.	<ul style="list-style-type: none"> • Check group to ensure appropriate clothing for weather conditions / time of year. • Staff should be aware of current weather forecast. • Activity adapted or abandoned where appropriate. 			<p>Sports Hall may be used in very bad weather if appropriate. Sports hall floor can get slippery once wet.</p>		
Injuries caused through incorrect use of equipment.	<ul style="list-style-type: none"> • Groups to be briefed on safety measures for activities. • Members of visiting staff to supervise. 					
Safeguarding	<ul style="list-style-type: none"> • Group briefing and management. • Staff vigilance. • 'Regrouping' signal e.g.; whistle. 					

<p>Inappropriate behaviour.</p> <p>Collisions with other players, posts etc during team games.</p> <p>Injury from equipment.</p> <p>Injuries sustained from inadequate 'warm-up'.</p> <p>Collision with traffic.</p> <p>Injuries sustained from jumping /falling off walls.</p> <p>Illness</p>	<ul style="list-style-type: none"> Group briefing and supervision. Use of 'sin-bin' facility and or suspension of the activity. <ul style="list-style-type: none"> Visiting staff awareness of any highly competitive or aggressive players. Group to be briefed on appropriate level of intensity for session with regard to age and size of group members, especially where there is a significant range of size within the group. <ul style="list-style-type: none"> Regular checks of equipment and on-going repairs. Visual check carried out by member of staff before each activity. Defective equipment to be withdrawn from use. <ul style="list-style-type: none"> Adequate and appropriate warm up activities to be undertaken, age and ability appropriate, and the sport being played. <ul style="list-style-type: none"> Briefing on busy nature of site and care to be taken when near roads and car parks. Site speed limit and 'sleeping policemen'. <ul style="list-style-type: none"> Group briefing on appropriate movement during the activities and not to jump from walls. <ul style="list-style-type: none"> Information about existing medical conditions known by staff. 				
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Ensure staff or individuals are carrying appropriate inhaler, Adrenalin auto injector etc.

Additional potential hazards associated with a person's disability	<ul style="list-style-type: none"> Additional measures may need to be taken to enable visitors with a disability to access the site and engage with the activity. 		<p>A discussion with visiting staff/carers should be had to decide on the most appropriate way to access the site. Or whether a more accessible location is used.</p> <p>Additional staff may be required.</p> <p>Additional time should be factored into the session.</p> <p>Handling belts may be used to assist less ambulant users</p> <p>Less mobile visitors may be more sensitive to environmental conditions and need closer supervision</p>	
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