

GENERAL HEALTH & SAFETY RISK ASSESSMENT FOR:

Stand-up Paddle Board (SUP)

PART 1 : ADMINISTRATIVE DETAILS

Section/Establishment Name: EMCC LEA GREEN

Date of Assessment	20/03/2018	Date of Issue	MARCH 2018
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Assessment  
carried out by

AG

Signature

Reviews

Review Date	Reviewed by	Date	Changes Made	
			Y	N
November 2022	IW/DH/GN/PV	03/11/22	Y	
November 2023	IW/DH/GN/PV	14/11/23	Y	
16/12/24	DH/IW/PV	16/12/24	Y	
16/12/25	DH/PV/IW/GN	16/12/25	Y	
Nov 20	DH	25/11/20		N
Nov/Dec 2021	IW,GN,DH,PV	10/11/21	Y	

Affected persons:

Young People/Clients

☒

Staff

☒

Visitors

☒

Contractor

☐

Others (specify)

Name of Manager confirming and agreeing Assessment:

IP

Signature:

The following sections should be completed by all staff who need to be made aware of and abide by the findings of the Risk Assessment. NB: If, as a result of a review, changes are made to the Risk Assessment the relevant box on the attached page should be completed as appropriate by the staff concerned.

## RISK ASSESSMENT

What are the hazards?	Generic Control Measures implemented	✓ X	Person to implement	Additional Control measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
Drowning	<ul style="list-style-type: none"> <li>Parental Consent and Medical Form to indicate any physical limitations.</li> <li>Instructor(s) appropriately trained and experienced.</li> <li>CE approved equipment used and properly maintained.</li> <li>Current first Aid Certification held by instructor(s)</li> <li>1st Aid Kit + emergency kit always carried or accessible</li> <li>Safety briefing given at beginning of session. Include capsize drills and swim brief as appropriate.</li> <li>Buoyancy Aids worn by all participants.</li> </ul>		Instructor leading the session	<p>Helmets worn whilst on the water</p> <p>Knowledge and reference to-locations and hazards which may cause entrapment, water levels/volume, current strength.</p> <p>Participants are to be told and showed about moving water. People to move to knees/bum or stomach to reduce the risk of falling.</p> <p>Awareness of river current speed- set session boundaries</p>		
Extremes of temperature. Cold water. Current and volume of water	<ul style="list-style-type: none"> <li>Weather forecast obtained, previous conditions taken into account.</li> <li>Activity adapted where appropriate.</li> <li>Ongoing risk assessment at start and during activity – weather and water conditions continually monitored</li> <li>Equipment/clothing lists sent to groups.</li> <li>Individuals' kit checked before departure to ensure adequate protective clothing and equipment.</li> <li>Suitable emergency equipment</li> </ul>			Alternative venues used		

<p><b>Injuries from paddles</b></p> <p><b>Other water users</b></p> <p><b>Water related infections/Weil's disease</b></p> <p><b>Injury sustained lifting or carrying.</b></p> <p><b>Faulty or damaged equipment.</b></p> <p><b>Slips and falls on banks, rocks etc.</b></p>	<p>carried</p> <ul style="list-style-type: none"> <li>• Safety briefing before issuing paddles</li> <li>• Helmets to be worn.</li> <li>• Group briefing and supervision.</li> <li>• Safety briefing to cover “dirty” water risk and how to minimise it.</li> <li>• Briefing/knowledge of correct lifting procedures</li> <li>• Instructors to brief group on safe lifting and carrying technique before boards are moved.</li> <li>• Visual inspection by instructor of all equipment before activity.</li> <li>• All equipment to receive regular inspection.</li> <li>• Defective kit must be immediately withdrawn from use.</li> <li>• Group to wear appropriate footwear.</li> <li>• Instructor to point out specific trip hazards.</li> <li>• Group briefing -to include possibility of glass and rabbit holes at MCC, also the metal walkway and the void behind the jetty.</li> </ul>			<p>Attention to washing hands, keeping canal/river water away from mouths &amp; eyes. Not drinking any water. Showering after activity encouraged.</p> <p>Sewage should be monitored (sewagemap.go.uk)</p> <p>Supervision of students lifting/carrying.</p> <p>Use of SUP's to cover corner of voids during pontoon jumping.</p>		
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<b>Inappropriate behaviour.</b>	<ul style="list-style-type: none"> <li>• Group briefing and management</li> <li>• Use of 'Sin Bin' facility or suspension of activity</li> </ul>					
<b>Falls from board</b>	<ul style="list-style-type: none"> <li>• Group to be briefed on action in the event of a fall, expected depths and the potential for hidden hazards.</li> <li>• Kneeling position used when approaching pontoon, canal/river side, rocks etc.</li> <li>• Instructor to be on hand throughout session.</li> </ul>					
<b>Entrapment</b>	<ul style="list-style-type: none"> <li>• All instructors to carry knife</li> <li>• When lowering the drawbridge at MCC <u>ENSURE the cable is tensioned prior to lowering, Lower with care.</u></li> </ul>			Leashes not used by students.		
<b>Medical emergencies</b>	<ul style="list-style-type: none"> <li>• Instructors to be aware of information on consent forms.</li> <li>• Emergency medication such as Adrenalin auto-injector, asthma inhaler to be kept by the instructor in a safety bag.</li> <li>• Visiting staff to be made aware of the location of emergency medications.</li> <li>• Instructor to carry general first aid kit (one per group minimum).</li> </ul>					
<b>Additional potential hazards associated with a person's disability</b>	<ul style="list-style-type: none"> <li>• Additional measures may need to be taken to enable visitors with a disability to access the area and engage with the activity.</li> </ul>			<p>A discussion with the participant along with visiting staff/carers should be had to decide on the most appropriate way to access the site. Or whether a more accessible location is used.</p> <p>Additional staff may be required.</p>		

				<p>Additional time may need to be factored into the session.</p> <p>Less mobile visitors may be more sensitive to environmental conditions and need closer supervision</p> <p>For visitors with disabilities a discussion with the participant along with visiting staff/carer should be had to ensure the most appropriate PPE is worn.</p> <p>Rescue situations may need to be adapted, discussed and shared so if a disabled participant ended up in the water everyone knows their role.</p>		
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