

**GENERAL HEALTH & SAFETY RISK ASSESSMENT FOR:**

Stand-up Paddle Board (SUP)

PART 1 : ADMINISTRATIVE DETAILS

<b>Section/Establishment Name: EMCC LEA GREEN</b>			
<b>Date of Assessment</b>	20/03/2018	<b>Date of Issue</b>	MARCH 2018
<b>Assessment carried out by</b>	ADRIAN GREEN	<b>Signature</b>	

Reviews				
Review Date	Reviewed by	Date	Changes Made	
			Y	N
MARCH 2018	A green	20/03/18		
October 2018	I Powell	01/10/18		
July 2019	I Powell	26/07/19	Y	
November 2019	Jenny Clarke	26/11/19	Y	
Nov 20	Darrel Hill	25/11/20		N
Nov/Dec 2021	IW,GN,DH,PV	10/11/21	Y	

**Affected persons:** Young People/Clients  Staff  Visitors  Contractor  Others (specify)

<b>Name of Manager confirming and agreeing Assessment:</b>	Ian Price
<b>Signature:</b>	

The following sections should be completed by all staff who need to be made aware of and abide by the findings of the Risk Assessment. NB: If, as a result of a review, changes are made to the Risk Assessment the relevant box on the attached page should be completed as appropriate by the staff concerned.

# RISK ASSESSMENT

What are the hazards?	Generic Control Measures implemented	✓ X	Person to implement	Additional Control measures needed to reduce risk to an acceptable level	Person to implement	Date to be actioned
<p><b>Drowning</b></p> <p><b>Extremes of temperature. Cold water. Current and volume of water</b></p>	<ul style="list-style-type: none"> <li>• Parental Consent and Medical Form to indicate any physical limitations.</li> <li>• Instructor(s) appropriately trained and experienced.</li> <li>• CE approved equipment used and properly maintained.</li> <li>• Current first Aid Certification held by instructor(s)</li> <li>• 1st Aid Kit + emergency kit always carried or accessible</li> <li>• Safety briefing given at beginning of session. Include capsizе drills and swim brief as appropriate.</li> <li>• Buoyancy Aids worn by all participants</li> <li>• Leashes not used on the river, cautious use on lakes.</li> <li>• Weather forecast obtained, previous conditions taken into account.</li> <li>• Activity adapted where appropriate.</li> <li>• Ongoing risk assessment at start and during activity – weather and water conditions continually monitored</li> <li>• Equipment/clothing lists sent to groups.</li> <li>• Individuals' kit checked before departure to ensure adequate</li> </ul>		Instructor leading the session	<p>Helmets worn where appropriate. On flat water journeys it may be acceptable to remove helmets for comfort or to use more suitable head wear e.g. sun hat in hot weather or woolly hat in cold weather. Instructor to advise where/when helmets can be removed.</p> <p>Knowledge and reference to-locations and hazards which may cause entrapment, water levels/volume, current strength.</p> <p>Participants are to be told and showed about moving water. People to move to knees/bum or stomach to reduce the risk of falling. Leashes are to be removed on moving water to reduce the risk of entrapment.</p> <p>Awareness of river current speed- set session boundaries</p>		

<p><b>Injuries from paddles</b></p> <p><b>Other water users</b></p> <p><b>Water related infections/Weil's disease</b></p> <p><b>Injury sustained lifting or carrying.</b></p> <p><b>Faulty or damaged equipment.</b></p> <p><b>Slips and falls on banks, rocks etc.</b></p>	<p>protective clothing and equipment.</p> <ul style="list-style-type: none"> <li>• Suitable emergency equipment carried</li> <li>• Safety briefing before issuing paddles</li> <li>• Helmets to be worn.</li> <li>• Group briefing and supervision.</li> <li>• Safety briefing to cover "dirty" water risk and how to minimise it.</li> <li>• Briefing/knowledge of correct lifting procedures</li> <li>• Instructors to brief group on safe lifting and carrying technique before boards are moved.</li> <li>• Visual inspection by instructor of all equipment before activity.</li> <li>• All equipment to receive regular inspection.</li> <li>• Defective kit must be immediately withdrawn from use.</li> <li>• Group to wear appropriate footwear.</li> <li>• Instructor to point out specific trip hazards.</li> <li>• Group briefing -to include possibility of glass and rabbit holes at MCC</li> </ul>			<p>Attention to washing hands, keeping canal/river water away from mouths &amp; eyes. Not drinking any water. Showering after activity.</p> <p>Supervision of students lifting/carrying.</p>		
---	---	--	--	--	--	--

**Inappropriate behaviour.**

**Falls from board**

**Hand, finger or foot entrapment in ropes or leash**

**Medical emergencies**

**Additional potential hazards associated with a person's disability**

- Group briefing and management
- Use of 'Sin Bin' facility or suspension of activity
- Group to be briefed on action in the event of a fall.
- Kneeling position used when approaching pontoon, canal/river side, rocks etc.
- Instructor to be on hand throughout session.
- All instructors to carry knife when ropes or leashes are used.
- Coiled leashes used where suitable.
- Leash attached by means of quick release.
- Instructors to be aware of information on consent forms.
- Emergency medication such as epi pen, asthma inhaler to be kept by the instructor in a safety bag.
- Visiting staff to be made aware of the location of emergency medications.
- Instructor to carry general first aid kit (one per group minimum).
- Additional measures may need to be taken to enable visitors with a disability to access the area and engage with the activity.

A discussion with the participant along with visiting staff/carers should be had to decide on the most appropriate way to access the site. Or whether a more accessible location is used.

Additional staff may be required.

				<p>Additional time may need to be factored into the session.</p> <p>Less mobile visitors may be more sensitive to environmental conditions and need closer supervision</p> <p>For visitors with disabilities a discussion with the participant along with visiting staff/carer should be had to ensure the most appropriate PPE is worn.</p> <p>Rescue situations may need to be adapted, discussed and shared so if a disabled participant ended up in the water everyone knows their role.</p>		
--	--	--	--	--	--	--